

Module specification

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Refer to guidance notes for completion of each section of the specification.

Module Code	FAW422
Module Title	Football Coaching for Player Development
Level	4
Credit value	20
Faculty	FSLS
HECoS Code	100095
Cost Code	GASP

Programmes in which module to be offered

Programme title	Is the module core or option for this	
	programme	
BSc (Hons) Football Coaching and the	Core	
Performance Specialist		

Pre-requisites

N/A

Breakdown of module hours

Learning and teaching hours	18 hrs
Placement tutor support	0 hrs
Supervised learning e.g. practical classes, workshops	18 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total active learning and teaching hours	36 hrs
Placement / work based learning	0 hrs
Guided independent study	164 hrs
Module duration (total hours)	200 hrs

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Initial approval date	08/12/2021
With effect from date	01/09/2022



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Date and details of	
revision	
Version number	1

Module aims

- To expose the students to a variety of coaching pedagogical concepts.
- Provide students with the opportunity to develop their pedagogical skills through applied practice.
- Introduce students to the concept of football coaches as reflective practitioners.

Module Learning Outcomes - at the end of this module, students will be able to:

1	Discuss the behaviour attributes and key qualities of effective and ineffective sports coaching.
2	Utilise a reflective approach to identify strengths and areas for development within the students' own coaching practice
3	Evidence the ability to plan, prepare and conduct sporting practices

Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

Video Reflection – 20 minutes

You will create a video reflection utilising footage from your FAW C Certificate mentoring session. Within the video reflection, you will draw upon pedagogical theory to identify strengths of your coaching practice and areas of development.

Portfolio – 1500 words (Equivalent)

The portfolio will provide evidence of your coaching journey as part of the FAW C Certificate (NGB Award). Within the portfolio you will include 12 football session plans which are aligned to the structure of the FAW C Certificate and 12 reflections for each session. In addition to the above, you will also include all bespoke FAW C Certificate tasks.

The session plans can be designed using the FAW C Certificate session plan document or alternatively, Sport Session Planner can also be utilised.



Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1, 2	Coursework	60
2	3	Portfolio	40

Derogations

N/A

Learning and Teaching Strategies

Planning, organisation, observation, discussion, self-management, independent thinking, problem solving, IT skills, communication skills, interpersonal skills of interacting with performers and reflective practice.

This module will be delivered with a variety of learning & teaching strategies, where students have to engage with a range of activities, which include lectures, seminars, blended learning, small group work, practical activities and practical workshops.

Indicative Syllabus Outline

- Coaching vs Mentoring/Role of a Coach
- The Planning Process
- Strategic Observation
- Coaching Conversations & Communication
- The Different Dimensions of Coaching Talk
- The Visual Learner
- Social Learning Theory
- Use of Video to Support the Coaching Process
- Introduction to Skill Acquisition

Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads

Cope, E., and Partington, M. (2019) *Sports Coaching: A Theoretical and Practical Guide*. London: Routledge.

Other indicative reading



Armour, K. (2013) *Sport Pedagogy: An Introduction for Teaching and Coaching*. London: Routledge.

Cassidy, T., Jones, R., and Potrac, P. (2008). *Understanding sports coaching. The social, cultural and pedagogical foundation of coaching practice.* 2nd Ed. London: Routledge.

Corsby, C. and Edwards, C. N. (eds.) (2021) *Exploring research in sports coaching and pedagogy: Context and contingency*. Newcastle upon Tyne, England: Cambridge Scholars Publishing.

Jones, R., Morgan, K. and Harris, K. (2012) "Developing coaching pedagogy: seeking a better integration of theory and practice," *Sport, education and society*, 17(3), pp. 313–329.

Jones, R.L., Hughes, M., and Kingston, K. (Eds.) (2013). *An Introduction to sports coaching*. London: Routledge.

Light R and Harvey S. (2019) *Positive Pedagogy for Sport Coaching*, 2nd ed.. London, England: Routledge

Employability skills - the Glyndŵr Graduate

Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

Core Attributes

Engaged
Enterprising
Creative
Ethical

Key Attitudes

Commitment
Curiosity
Resilience
Confidence
Adaptability

Practical Skillsets

Digital Fluency
Organisation
Leadership and Team working
Critical Thinking
Emotional Intelligence
Communication